



## Schedule Fall 2018

### Monday

5:15 AM SGT – w Marie  
 6:00 AM 614Worx w Marie  
 6:00 AM 614Zone – w Carolyn  
 7:15 AM Mat Pilates– w Carolyn  
 8:30 AM 614Worx – w Carolyn  
 5:00 PM 614Worx – w Marie  
 6:00 PM FunkYin Yoga –  
 w Stephanie  
 7:00 PM 614Worx w Marie

### Tuesday

6:00 AM 614Worx – w Marie  
 7:15 AM 614Maxx- w Marie  
 5:15 PM BodyRopes – w Nick  
 6:00 PM SGT Strength – w Nick  
 6:45 PM 614Stretch – w Nick

### Wednesday

5:30 AM SGT – w Marie  
 7:15 AM 614Worx – w Marie  
 8:30 AM 614Zone – w Marie  
 5:00 PM Abs & Booty – w Marie  
 5:30 PM SGT HIIT – w Josh  
 6:30 PM Yoga – w Lindsay

### Thursday

6:00 AM SGT – w Marie  
 8:30 AM SGT HIIT – w Marie  
 6:00 PM SGT Strength –  
 w Jim & Susan  
 7:00 PM 614Zone - w Jim & Susan

### Friday

5:30 AM 614Worx – w Ashley  
 7:15 AM Yoga Sculpt – w Lindsay  
 8:30 AM Power Yoga – w Lindsay

### Saturday

7:30 AM SGT HIIT – w Josh  
 8:30 AM SGT – w Marie  
 9:30 AM SGT – w Marie

### Sunday:

8:30 AM SGT - SGT Strength -  
 w Jim & Susan  
 9:30 AM Sunday Core – w Marie  
 10:30 AM 614Worx – w Marie  
 11:30 AM Sunday Stretch – w Naomi

614Fitness

6417 Busch Blvd Columbus, OH 43229

[www.614Fitness.com](http://www.614Fitness.com)

## Pricing

Auto Pay Month to Month

<b>Unlimited</b>	<b>\$127</b>	<b>\$150</b>
<b>Monthly 8 Class Pass</b>	<b>\$97</b>	<b>\$127</b>
<b>Monthly 4 Class Pass</b>	<b>\$50</b>	<b>\$67</b>

**New Members 8 Week Tryout - \$99**